



November 2024



Coopersale Hall School

Newsletter

Head's Message



Pupils at Coopersale Hall School, over the last two months, have spent time reflecting on the lives of others, from our harvest festival and the food bank donations, to our remembrance parade and the senior trip to visit the battlefields and war graves in Belgium, to raising money for a range of charities. Empathy is a fundamental building block in communication and, according to Plato, is the highest form of knowledge. Our pupils may go on to be the leaders of tomorrow and they are certainly developing an emotional intelligence that will stand them in good stead. I want to particularly mention Jessica who donated her hair

to the Little Princess Trust and Ula who has been selling family honey to raise money for St Clare's Hospice. If your children have been involved in community action, outside of school, please do let us know so we can celebrate their successes.

Speaking of success, I would like to congratulate two of our girls on outstanding sporting achievements. Valentina in Year 5 achieved a top 10 spot at the ISA regional cross country finals and will progress through to the nationals. Also congratulations to Emilia in Year 6 who completed her grade 2 gymnastics qualification and came first in a recent Essex gymnastic competition.

With best wishes



Mr. Paul Wilson

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Early Years Wellies & Woodlands Club

Recently at Wellies and Woodland club, the children enjoyed foraging/ fruit picking in the Coopersale Hall school grounds. We found blackberries in the brambles, pears from the trees (non edible), and figs from the enormous fig tree. We may use some of the fruit for paint stamping in the classroom.

Everyone enjoyed walking in their wellies!



Lower Kindergarten Settle into School Life

The children In Lower Kindergarten have been very busy recently having lots of fun and adapting to their new routines. They have all done so well! Congratulations to everyone in Lower Kindergarten.



Halloween FOCHS Disco

The children had a wonderful time at the Halloween Disco! Everyone looked amazing in their costumes. They had a great time enjoying the games and music provided by the DJ. A big thank you to FOCHS for organising such a wonderful event and for taking the time to decorate the hall so beautifully.



Wildwoods Session

Our little explorers had a fantastic time searching for signs of autumn during our Wild Woods session last week. They discovered leaves in a variety of colours and worked together as a team to explore the wonders of nature.

It was heart warming to see their excitement and curiosity as they learned about the changing seasons.



Reception's Outdoor Learning

This week Reception Billington have been exploring the properties of 2D shapes. We had great fun making circles and triangles from natural objects when learning outdoors. We thought about whether the sides were straight or curved, whether the shapes had points and which materials would work best for each shape.



Year 2 - The Elizabethan Period

Year 2 have been learning all about the Elizabethan period in their topic lessons.

Did you know?

- Queen Elizabeth I was very clever and could speak six languages, including French and Italian.
- She sometimes threw her shoes at people when she was angry!
- Elizabeth I ate so much sugar that her teeth turned black.

In their art lessons, the children created their own versions of Queen Elizabeth I. They used doilies to make ruffles and added numerous jewels to their artwork, highlighting The Queen's wealth.

Well done, children! Mrs. Hogarth and Mrs. Burgess were very impressed with the creativity you have shown.



Halloween FOCHS Disco

The children had a fantastic time at the Coopersale Hall Halloween Disco. They thoroughly enjoyed the music and games provided by the DJ. It was great to see all the amazing costumes the children wore to embrace the Halloween spirit.

A big thank you to FOCHs for organising such a wonderful event, which the children truly enjoyed.



Music & Science in Year 4

Year 4 have been learning all about sound in their Science unit this half term, exploring different instruments and understanding how sound is made, how we hear sounds, and also how we can change the pitch and amplitude of different instruments. Pupils also researched instruments to understand which family they belonged to: Percussion, wind or stringed. For homework, they applied their knowledge to make their own musical instruments, designing, making and decorating them. They presented their instruments in their Science lesson, showing their understanding. Pupils even used them in their Music lesson to play a whole piece together.



Hello Yellow Day

Coopersale Hall School came together to raise awareness for World Mental Health Day, with both children and staff wearing yellow to mark the occasion. Earlier in the week, during assembly & PSHE pupils learned about the importance of mental health.

Mrs Doherty also reminded pupils about the school's "Listening Ear" programme, which provides a safe space for them to talk to an adult about any worries or concerns. She explained how the program works, pointing out the posters displayed around the school and clarifying how pupils can seek help when needed. The aim is to ensure that every child knows they have support and that someone is there to listen and help make things better.

On Friday, pupils participated in a variety of activities, including a yellow-themed treasure hunt, learning affirmations and creating doodles inspired by The Doodle Boy. While the day was filled with fun, it carried the vital message that everyone experiences different emotions and, for those who may be struggling, the school has multiple support systems, like the Listening Ear, in place. The event also emphasised the valuable resources available through the Young Minds charity, which provides practical guidance for both students and parents.

A big thank you to all the pupils and staff who wore yellow in support of this important cause, and to the pupils and parents for their generous donations.



ISA Cross Country Competition

All the children in the cross country squad ran extremely well and achieved amazing final placings. Valentina (Year 5) came in 7th place out of 60+ runners and made it through to The Nationals finals, which is incredible.

Mr Barham was very proud that the children at Coopersale behaved outstandingly when representing our school.



Emilia & Lavinia - London Festival of Gymnastics



We are extremely proud that Emilia and Lavinia have shown so much resilience and determination in their Gymnastics group and now look forward to a well earned break.

It was the London Festival of Gymnastics and the Epping Gymnastics team competed on Friday evening, Saturday and on Sunday!

Lavinia commented " I loved my routine at The London Festival this weekend. We also did a dance at the end. I had so much fun."

Drama Lessons in Year 6

Last half term in Drama, Year 6 were involved in creating their own Halloween performances. They were in groups to create prompts, devise a performance and to come up with their own scripts.



Oak-Tree Netball & Football Tournament

Pupils from Years 5 & 6 took part in the annual Oak-Tree U11 Football and Netball Tournaments on Tuesday 15 October. The teams played honourably, taking on the three other schools within the group in highly competitive matches.

Well done to all the boys and girls who competed and showed off their sporting talents.



The seniors took part in a writing competition. The students wrote poems about the wonders of life and also about aspects of life that are sometimes challenging. We heard back on the 5 November that the company are going to publish a selection of our poetry. Parents of the students involved will be send a letter very soon.

Each month we have a Writer of the month challenge. Amelia and George from Year 8 wrote fantastic stories and won some positive points. Their work will be on display in our classroom.

The book club students are reading 'The Call' by Peadar O'Guilin at the moment and have made contact with the author. We will be having a discussion at the end of the month with him about his literary techniques and his writing process.

RAF Herbert's Visit

On Tuesday 5 November, the Year 8 pupils at Coopersale Hall had the distinct pleasure of welcoming former RAF pilot and army veteran Herbert Larkman into their classroom. A number of our Year 8 pupils were going to be attending the Battlefield Trip to France and Belgium. Herbert, and two members of staff from Barchester Ashlar House Care Home, (one being a parent of a pupil and community team lead) were kind enough to donate a wreath of poppies that we laid at Menenstraat, in Belgium.

Amelia, from Year 8, welcomed all involved and took some pictures accepting the wreath. The experience has prompted insightful discussion around remembrance day and why we should cherish those like Herbert in our community.



Year 7 Trip to Mountfitchet Castle

On Tuesday 5 November Year 7 took their learning outside of the classroom and visited Mountfitchet Castle in Stansted.

This mock Norman motte and bailey castle gave pupils an insight into what life was like for peasants in Medieval England. Pupils were able to visit the blacksmiths, the church and the weaver's house as well as getting up close with weaponry including the battering rams and catapults.

Without doubt, everyone's favourite activity was feeding the wildlife which roamed freely around the site. Abigail even found and introduced the group to Blippy The Toad!



European Language Day

We were delighted to celebrate the European Day of Languages today. Mr. Zaleski opened the assembly by emphasizing the many ways people communicate with one another: through speaking, listening, writing, and sign language. He then posed a thought-provoking question: Why choose to speak a different language from the native language of our country?

Speaking another language can help preserve family heritage and allow us to communicate with grandparents or extended family members. It can also provide a deeper understanding of a country's culture and mindset, enabling us to better appreciate its authors, artists, and cultural environment.

As a school, we are fortunate to have the opportunity to learn and communicate in different languages. French is taught to all primary school students, and in secondary school, students can also learn Spanish. During the assembly, Mr. Zaleski invited children throughout the school to share a language they feel connected to.

The whole school gave Amelie, from Reception G, thunderous applause when she sang a song in Portuguese. We were also impressed by the children who confidently counted from 1 to 10 in various languages, including Italian, Greek, Portuguese, Turkish, and Bengali. We were delighted when Zaha, from Year 5 Howard, introduced herself and shared some facts about herself in Urdu. Everyone listened intently to a Sicilian tongue twister, which we enjoyed so much that we asked to hear it twice!

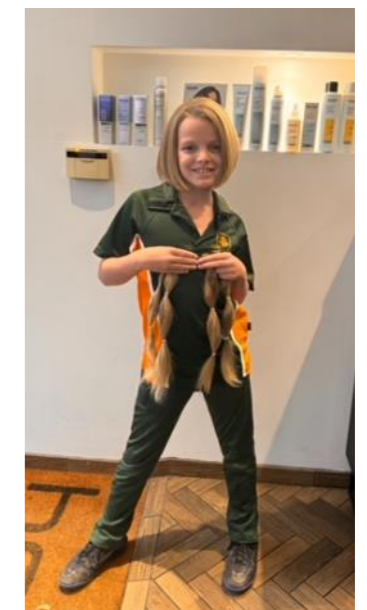


Jessica Donates Her Hair

Jessica in Year 5 hopes to raise £700 for charity having donated more than 13 inches of her hair to the Little Princess Trust. Jessica first donated her hair, which she grew for more than three years, when she was seven years old.

Once again, she has waited three years and now approaching her 10th birthday, she has made a hair donation of the rarest type - more than 12 inches to the charity. She said: "I wanted to do something special to help children that are losing their hair from illnesses like cancer. I am very lucky that my hair will grow back."

"I really hope my hair will bring a smile to them and make them feel really happy. I hope they know I really care about them." Jessica hopes to raise £700 which is how much, on average, it costs to make a wig.



Ula's Charity Work

Ula has been selling honey from her own family bees over the Summer. She has raised a whopping £517.96 for charity. Well done Ula! Coopersale Hall School is very proud of your hard work!



Remembrance

On Sunday 10th November 2024, we all assembled at Epping's Civic Offices for the Remembrance Parade. We all marched together along the High Street to the war memorial. The Vicar spoke to us all and then lots of organisations were called one at a time to lay their wreaths. I was very proud, along with Iman, to lay the wreath on behalf of Coopersale Hall School. All of the children were very respectful and it was a special event to be part of.

Xander, Head Boy.



The music of Edward Elgar "Nimrod" from Elgar's "Enigma Variations" was playing as the children quietly entered the assembly hall.

The children watched a short video that explained that the annual National Service of Remembrance is held on the 2nd Sunday in November and it is a special time when we remember, reflect and respect those that have made this ultimate sacrifice for the freedom that we now have.

Mrs Graves explained that the Royal British Legion used the symbol of the poppy as it represents hope and remembrance. The children in 4G then joined her to convey to the school many facts regarding the poppy.

The inspiring poem 'In Flanders Fields' by John McCrae was read to the school by our Head Boy, Xander.

We would like to thank everyone who has purchased a poppy during this week leading up to Remembrance Sunday helping the British Legion to support those veterans in need.

The children gathered together once again at 11 o'clock to join the two minutes silence on the terrace with the nation.



Battlefields Trip

Our senior pupils travelled to Ypres in Belgium last week for their annual Battlefields Trip. Accompanied by Normanhurst School, everyone travelled by coach and ferry through France to the Salient area of Belgium to learn about the individual stories of soldiers and their families.

The trip's first stop was the Canadian National Vimy Memorial – a memorial site in France dedicated to the memory of the Canadian Expeditionary Force members killed in WW1. It also serves as a place to commemorate Canadian soldiers killed in France with no known grave. Whilst here the children got to experience walking through a set of preserved front line trenches.

The second day of the trip was spent at the Somme, with pupils visiting the High Wood memorial. They then travelled to the Lochnagar Crater which is still in existence today. This highlighted the impact of mine warfare in the Great War.

Pupils witnessed a special commemoration ceremony at the Commonwealth graves in Ypres. Our schools took wreaths of poppies which were laid at certain memorials and graves to pay our respects to the fallen.

Our coach passed through Passchendaele to visit the museum to experience life in the communication trenches in WW1. After the museum stop, they went to Tyne Cot Commonwealth Cemetery to learn about the different allies and nations that fought in the war. Some pupils were able to identify their family surname on the memorial there.

It was an amazing trip – pupils learned about France and Belgium, about the war and about all the individuals who risked their life for their country.



Welcome back to school after a lovely 2 week break. Hopefully the children are feeling refreshed and ready for lots of fun activities this term.

Halloween Discos

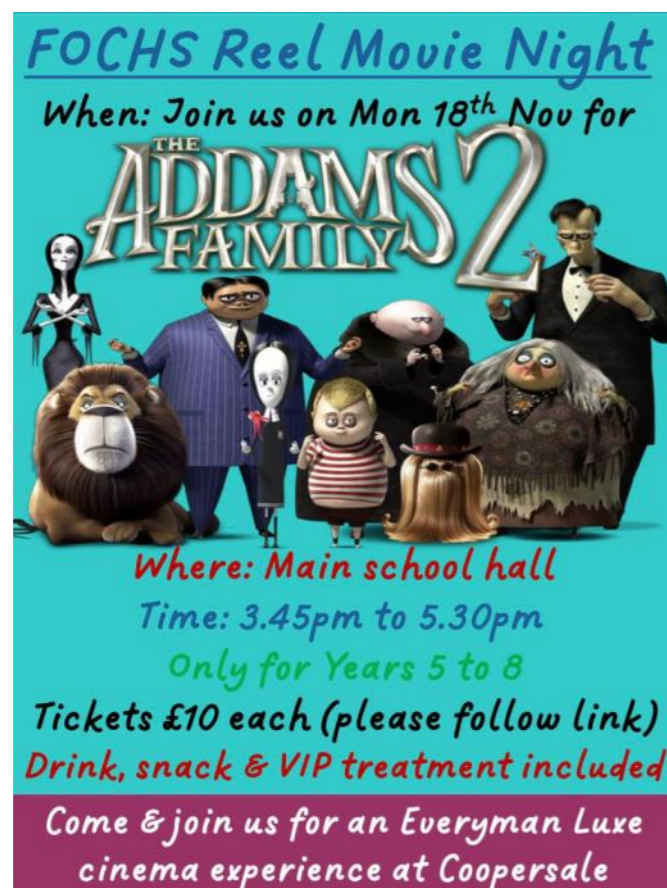
We hope all the children enjoyed the Halloween discos recently. There was lots of dancing and games plus photos in the Photo Booth - we even got a little dance from Mr Wilson!



Movie Night

We have a movie night coming up for Years 4 to 8. There's still time to purchase tickets for this event on Monday 18 November.

<https://www.ticketsource.co.uk/whats-on/epping/coopersale-hall-school-main-school-hall/fochs-reel-movie-night-the-addams-family-2/2024-11-18/15:45/t-yayrzpg>



FOCHS Reel Movie Night
When: Join us on Mon 18th Nov for
THE ADDAMS FAMILY 2
Where: Main school hall
Time: 3.45pm to 5.30pm
Only for Years 5 to 8
Tickets £10 each (please follow link)
Drink, snack & VIP treatment included
Come & join us for an Everyman Luxe cinema experience at Coopersale

Christmas Events

You would have recently received an email with all the relevant dates regarding Christmas events, we have lots to look forward to. With pantos, our Elfridges Christmas shop, raffles and a visit from Santa, we're sure the children will be in full Christmas spirit before the term is over.

We have planned lots of activities for the children but we haven't forgotten about the parents. We have two adult only events coming up with all the money raised going back into the pot to continue to provide events and supplies for the children.

We have a wreath making event for parents taking place on 9 December. Please click the link below to purchase a ticket if you'd like to join us.

<https://www.ticketsource.co.uk/friends-of-coopersale-hall-school/t-yalarln>

We also have a curry night Friday 29 November - tickets are only £45 which includes a 3 course meal and live entertainment, the perfect opportunity for a Christmas's parents night out. Please click below to book a table. We look forward to seeing you.

<https://www.ticketsource.co.uk/whats-on/ongar/tanishq-restaurant-bar/fochs-festive-curry-night-2024/2024-11-29/20:00/t-noqggyp>



*Eat
Drink
& Dance*
FOCHS FESTIVE CURRY NIGHT
29 November at 8:00PM
Tanishq Restaurant & Bar
Ongar, CM5 9PU
3 Course Dinner & Live Music

Second-Hand Uniform

This term we are going to be holding uniform sales in the studio - watch out for dates to be announced.

You can also order via the form which can be downloaded from the school website: <https://www.coopersalehallschool.co.uk/cooper-content/uploads/2022/02/CHS-Second-Hand-Uniform-Order-Form.pdf>

If you wish to place an order, please hand in your completed form to the school office and we will let you know if the items requested are available. Please do not email any order forms to us. Once your order is confirmed, payment should be made to us electronically using the details on the form. Our price list can also be found on the school website: <https://www.coopersalehallschool.co.uk/cooper-content/uploads/2022/02/CHS-Second-Hand-Uniform-Price-List.pdf>

We also very much appreciate any donations of good quality, school-branded uniform. Please leave it with the school office and one of our volunteers will collect it. If you have any queries, please do speak to your class rep when these have been assigned.

Easyfundraising

Sign up to easyfundraising and you can donate to FoCHS every time you shop online, at no extra charge. Hundreds of retailers make donations and it is simple to sign up:

<https://www.easyfundraising.org.uk/causes/fochs>

Get in Touch

If you are interested in getting involved this year, have some ideas or if you simply have a question, we would very much like to hear from you.

You can email us at FoCHS@coopersalehallschool.co.uk, drop a note in the FoCHS letterbox near the school office or speak to any members of the committee:

Louisa Richards (Co-Chair)
Rachel Concadoro (Treasurer and Co-chair)
Stacey Cummins (Secretary)
Susan Tetherton
Kathryn Kumar
Pauline Monksfield
Jessica Hayes
Cheryl James
Nathalie Gould
Rebecca Murphy

Each year group has at least one FoCHS rep and the easiest way to get in touch is to message your year rep on WhatsApp.

You can also check out our page on the school website:

<https://www.coopersalehallschool.co.uk/parents-pupils/parents-association/>



Tap and give us a follow on our social media accounts